

2020-2021 Annual Report



Camrose Association
for Community Living





Operating since 1962 the Camrose Association for Community Living is a registered non-profit charitable, community focused organization dedicated to enhancing skill development, well-being and resilience among children, adults and families facing barriers, experiencing developmental disabilities and acquired brain injury. Our vision is that each person is an accepted and participating community member. We serve approximately 600 adults, children and families in Camrose and East Central Alberta. We employ 112 staff members.

CONTENTS

- 4** About Our Signature Photo
- 5** Board of Directors
- 6** From the President
- 7** From the CEO
- 8** Treasurer's Annual Report
- 10** Grants & Memorials Received
- 11** The People We Serve
- 12** Kandu Summer Camp Success Story
- 13** Our Champions
- 15** Scholarships
- 17** Report of Highlights
- 19** Charity Auction Diamond Sponsors
- 20** Charity Auction Sponsors
- 21** Donors
- 22** Our Programs



ABOUT OUR SIGNATURE PHOTO

Connor Fleck was recognized in our last year's Jobs4Youth Success story in our annual report. This led him to be the star of the Signature Photo for the past year.

Connor contacted CAFCL in 2019 and with the help of Jobs4Youth he was able to obtain a job at Purity Water in Camrose. Purity Water has worked with Connor to ensure his success. They feel Connor's confidence increased which allowed him to take change in stride and receive feedback to keep him focused on concrete goals.

Connor rose to the challenge and made necessary adaptations. Connor's positive attitude and willingness to improve have been of great benefit to his rapid progress since joining the Jobs4Youth program. Thank you Connor for being a member of our program.



CAMROSE ASSOCIATION FOR COMMUNITY LIVING

2020-2021

BOARD OF DIRECTORS



Robin Good (CEO & Secretary), Lyndsey Delwo (Director), Keith Lyseng (Director), Kristy Smith (President), Bart Orr (Director), Clark MacKay (Treasurer), Andrea Taeger (Director), Bruce Pound (Director), Aaron Leckie (1st Vice President), Anna Harder (Past Treasurer)

" I volunteer with CAFCL because it's a great organization with great people doing great things! It has a positive organizational culture and most importantly CAFCL works to support an inclusive community where everyone is an accepted and participating member!"

Board President - Kristy Smith

FROM THE PRESIDENT



**KRISTY
SMITH**

President

“Leadership requires belief in the mission and unyielding perseverance to achieve victory”

~Jocko Willinick

The board of directors focused on our mission and supported the organization to find unique ways to provide safe and effective supports to people who rely on us, despite the restrictions brought about by the pandemic.

There is no doubt that the last year had us shifting to a focus on what recovery might look like and the future impacts this pandemic might have on our organization. CAFCL's programs are funded primarily by the government, and any financial instability could directly impact our services. In response to this, one area the board focused on was strategic risk. We engaged with the leadership team in training and evaluation of our potential strategic risks. This exercise provided the direction the leadership team needed to plan for future financial instability or changes to services that could result. We are aware that things will never be “how they were”, and our Board remains dedicated to supporting a progressive approach to services and supports to meet the current needs.

One of these progressive approaches included moving our Annual Charity Auction Fundraiser to a “live” virtual format. This was a difficult decision and transition, because this in-person event provides a vital opportunity for the Board of Directors to engage with the community and our supporters. (Not to mention we all look forward to this exciting and fun event!) In the end it was a great success and we were overwhelmed by the support of our communities, volunteers and donors! The funds raised support vital programming for families and children.

Despite all of the new “virtual” activities and events, our Board of Directors continues to support connection, relationships and engagement with the community. We can't wait to be able to reconnect in-person with our communities and stakeholders.

Until then, we offer our sincere appreciation to our supporters; we needed you more than ever this past year!

FROM THE CEO



**ROBIN
GOOD**

CEO & Secretary

The last year was challenging, and CAFCL certainly wasn't immune to these difficult times. As the one-year anniversary of the COVID-19 global pandemic came and went, I reflect on the last year.

I cannot help but smile.

You are probably wondering why I would smile. After all, the basis of our services is on creating connections and building relationships. These form some of our most cherished cultural strengths. Our staff work tirelessly to encourage community participation, access to resources, friendships, quality family time, social opportunities, group activities and overall independence for people.

In March 2020 everything changed. We shifted to an approach we were unfamiliar with (and quite honestly the opposite of what we would normally support).

One where people are encouraged to stay home or work from home, abandon their volunteer or work placements, not gather with friends and family, access community only when necessary, and distance themselves from others, not only during meal times, but special times such as birthdays or holiday celebrations.

I BELIEVE in the strength of this organization and its people more than ever.

One of our strategic goals that the Board of Directors and leadership set in 2020, was to increase the resiliency of the people we serve, and of our employees.

What better opportunity will we ever have to practice skills for resilience, than during a global pandemic?

This encouraged us to focus on the positives, and put energy into things we could control. Through this, it has allowed us not only to maintain essential services, but to be creative, adaptable and even start new initiatives some of which we will continue into the future.

And, there was plenty to celebrate, despite the challenging times. Like the individual who developed the skills to connect with family far away virtually, or the compassionate team who focused on developing creative ways to support families and kids feeling isolated, or seeing the excitement of individuals when there are virtual opportunities for fun and learning!

And this is why I smile.

Because even though we are managing a global pandemic, CAFCL is still thriving. Yes, the health orders and restrictions are tiring, but we have managed to settle into a routine of "rolling with the latest change" (and getting quite good at it, I might add!).

I send sincere gratitude to all of those accessing our services who have helped us through this past year by showing courage and grace to our staff who go above and beyond in their work, and to our families, donors and community supporters. We couldn't have done it without you.

Thank you for believing in us.

April 1, 2020 - March 31, 2021

TREASURER'S ANNUAL REPORT



**CLARK
MACKAY**

Treasurer

I would like to begin by acknowledging the work of Anna Harder who served as Treasurer until her sudden departure in November of 2020. The leadership she provided the Board in the area of finances was apparent. Upon her departure, I was honored to accept the role of Treasurer for the remainder of the 2020-2021 term.

As we move into year two of the COVID-19 pandemic, we are happy to report that CAFCL has maintained financial stability and remains debt free. Although the financial impacts of COVID-19 have yet to be fully realized, our government contracts remain stable for the upcoming year. We move forward confident in our ability to withstand the challenges brought about by the recovery from this significant global event.

Financial statements for the fiscal year ending March 31, 2021 were audited by the accounting firm, Grant Thornton LLP, who issued an unqualified audit opinion. The complete audited statements are posted on our website at www.cafcl.ca or a printed copy can be requested at any time through CAFCL management.

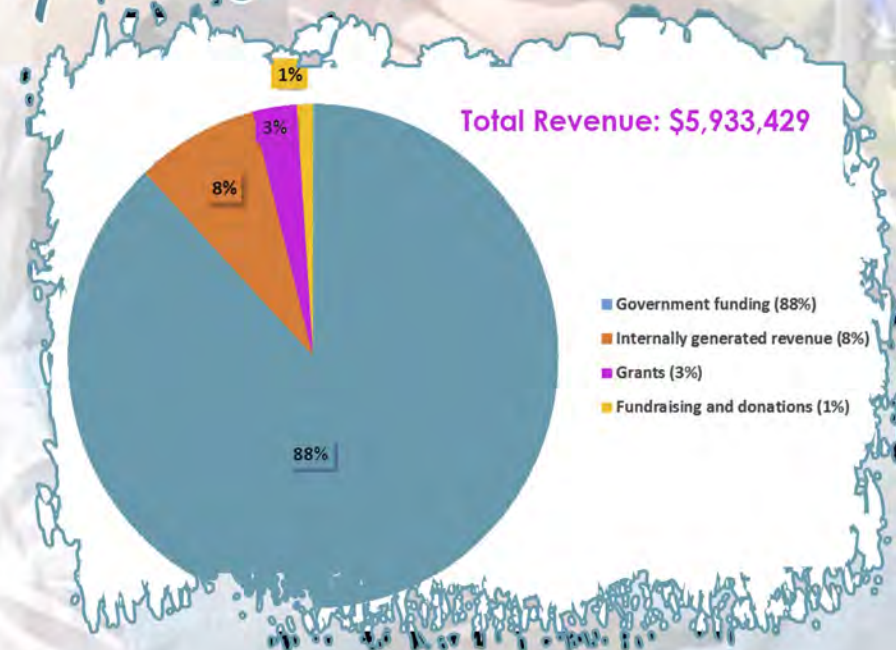
Revenues and expenses remained relatively consistent with prior years. We did see a slight decrease in the revenues raised at our annual Charity Auction, as we transitioned to our first virtual gala, however given the current economic state we were pleased with the revenues raised of \$41,435.

Notes of Interest:

Net profit of the 2020 Virtual Gala was \$41,435

The following graphs summarize the Statement of Operations for this past fiscal year.

Revenue Sources



April 1, 2020 - March 31, 2021

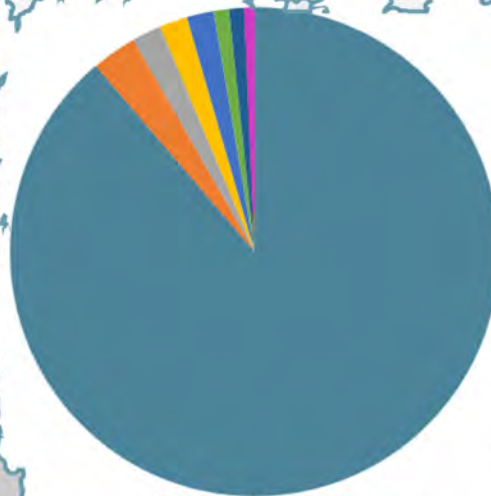
TREASURER'S ANNUAL REPORT



**CLARK
MACKAY**

Treasurer

Expenses



- Wages & Benefits (88%)
- Office & Admin (3%)
- Program Materials (2%)
- Development & Training (2%)
- Telephone & Utilities (2%)
- Amortization (1%)
- Repairs & Maintenance (1%)
- Travel (1%)

Total Expenses: \$5,884,598

CAFCL realized a net surplus from regular operations of \$48,840, in addition to an increase in the fair value of our investments of \$333,413. We were pleased to see our investments recover from the \$221,914 decline incurred last fiscal year when the pandemic first hit. Overall, CAFCL had an excess of revenues over expenses of \$382,253.

I would like to acknowledge the continued support of the community and our faithful donors. CAFCL relies on the generosity and kindness of many to deliver programs effectively to those individuals and families most vulnerable. Despite the challenging economic times, we are overwhelmed by the generosity of our community supporters. This year more than ever, your financial support helped us to provide critical supports and services during very uncertain times.

Thank you!

2020 - 2021 Fiscal Year

GRANTS & MEMORIALS RECEIVED

We acknowledge and recognize the following organizations for the grants they gave CAFCL:

Battle River Community Foundation
City of Camrose
Camrose County
TD Canada Trust –
 Connected Communities – Local Needs Grant
Candora Society
Government of Alberta - Second Harvest Grant
Participation Community Better Challenge
Government of Canada Alberta Job Grant
Government of Canada Summer Jobs Grant
Jobs4Youth Grant

We gratefully accepted donations in memory of:

Aileen Okros
Bryan Gultner
George Gialet
Gilbert Blaeser
Jack Zimmer
Jean Rolseth
Shannon Kercher

In Photo: Wainwright Quota Club



Camrose Association For Community Living

THE PEOPLE WE SERVE

2020-2021 Annual Report



Our **Family Support** program made a difference in the lives of **32 families** and **49 children**.



12 youth were supported in obtaining the necessary skills to gain employment in our **Jobs4Youth** program.



Healthy Families hosted **16 Virtual Community kitchens** where families cooked meals which fed **969** mouths! **6 Virtual Little Chefs groups** were attended by **26 families**.



24 women and **56** children in our **PCAP** program were provided support and connections to community resources to help with maternal substance use.



47 adults had fun attending virtual birthday parties, online painting class, Rose Club Radio with DJ Derek, BINGO, pizza nights and much more in the **Rose Club** program.



SingAble

"**SingAble**" had about **30** singers from all walks of life came out to virtual weekly rehearsals. **115** choristers were registered for the year.



5 Young adults learned new skills at our **Leaders In Training Summer Camp**, and **9** participated **36** times in activities such as mock interviews, cover letters, art therapy, goal setting and much more.

MORE

Our **MORE** program (Meaningful Options for Role Enhancement) provided meaningful activities for **8** individuals in person and at home during COVID.



23 campers enjoyed new connections at our **Kandu Summer Camp** for kids! **29** Campers experienced our new Rural Travelling Kandu Camp.



33 individuals in our **Residential** program continue to learn life skills and participate in the community as independently as possible.

LIFE SKILLS

2 individuals with acquired brain injury were helped with rehabilitation and daily living skills through the **Brain Injury Outreach** program.



The **Healthy Families** program has helped change the lives of **103** women and **179** children.

VOLUNTEER



CAFCL is grateful for the **17** volunteers who gave us **536.75** hours of their time.



The **Adult Outreach** program assisted **18** individuals to continue to live independently.

KANDU CAMP SUCCESS STORY

Kandu Camp expands, and takes to the road...

The pandemic had our summer camp team thinking about how we can best meet the needs of families with all of the COVID-19 health orders and restrictions in place. Knowing that many rural families were experiencing increased isolation and barriers to support, we knew it was very important to offer camp in an innovative way, despite the barriers COVID-19 presented. This is where the idea of the Kandu Outreach Summer Camp was born. With the financial support of a grant through the Foundation of Canada Emergency Fund, we were able to pilot this fun and creative initiative. Kandu staff travelled to rural areas within the counties of Camrose, Flagstaff and Beaver to provide one-on-one camp activities to families experiencing barriers, including increased isolation. The camp travelled to families homes, and engaged all the children in fun camp activities with a focus on connection and overall mental and physical wellness.

Guardians reported that the stress of finding transportation to get kids to camp or the funds to pay for camp were alleviated, and that they could focus on the excitement and happiness their children experienced each week knowing camp was coming to them!

"My kids felt a connection to the camp staff and loved all the activities they implemented. I also got a break, which was an added bonus," reported one mom.

The only change to this camp that parents and guardians recommended would be additional days. This speaks volumes to the success of this program. All 29 campers reported that this was their first experience with camp, and they are hoping to attend again in 2021.

Through satisfaction survey responses families reported many positive outcomes, including an increased opportunity for a sense of "normalcy", support for positive mental health and wellness, a sense that their children had safe reliable childcare, and caregivers were able to attend to their personal wellness while children were enjoying fun activities. Most importantly, families felt engaged, they had access to support that provided both a social and emotional connection and supported positive family dynamics.

Adding this third camp to the already existing Kandu Summer camp and Leaders in Training camp offered in Camrose has been a wonderful experience all around. So much so, that we are going to offer this camp again in 2022. Our hope is that we can continue to raise enough funds to offer this camp into the future in a way that continues to respond to the current needs of families.

Kandu outreach camp created fun camp experiences for 29 campers from 24 families in rural Alberta.

Stacey Olstad
Family Services Program Director

[Ctrl+ Click here to watch our amazing camp video](#) or
visit our website cafcl.ca/kandu-day-camp/

OUR CHAMPIONS

Community Champion mattress mattress

This year we would like to recognize mattress mattress for their phenomenal customer service. Kyle, the store manager, goes above and beyond when trying to help us make sure we get what our organization needs. They are very accommodating and supportive. We can't thank them enough for being an outstanding partner to our organization. Thank you mattress mattress for your outstanding service.



Volunteer Champion

Anna Harder

They say that the greatest gift you can give is that of your time.

Our Volunteer Champion, Anna Harder, has shared not only her time with CAFCL, but many of her other gifts as well!

Joining the board of directors in 2016, Anna acted as Board Treasurer until 2020. Throughout Anna's time with CAFCL, she was instrumental in educating other members in the area of finances, and in true "Anna fashion", even tried to make it fun! She provided a trusted source for financial accountability through service on the audit committee, as well as other committees she served on. Anna could balance light-hearted fun and accountability beautifully. She also volunteered numerous hours to support our Finance Manager when needed.

Anna's contributions to our Board do not end with her financial expertise. Her quick wit, engaging personality and genuine passion was an asset to Board meetings and events. Both Anna and her husband Bill show their generous spirit of giving, and are always willing to help out where needed.



Anna, we honor your years of commitment and dedication. Although we will miss you at the Board table, we look forward to keeping you a part of our CAFCL family. Thank you for sharing your many gifts with us; you made a significant difference in the lives of many.

OUR CHAMPIONS

Lifetime Member Award

Norm & Betty Mayer

CAFCL does not take awarding a Lifetime Membership lightly. These people are outstanding to us. They show the following attributes:

- long term commitment and devotion
- hard work
- financial contribution
- innovation
- outstanding ambassadorship to the community
- a deep commitment to improving the life of people with disabilities
- a strong belief that people with disabilities can learn, be independent and grow to be responsible citizens.



CAFCL is honored to present the Lifetime Membership Award to Norm and Betty Mayer. Norm and Betty's support of our organization goes back as far as we can remember. They have shown a long term commitment to what CAFCL does. The expansion of our office building, the accessible home, a wheelchair lift, a television, and new appliances for our accessible kitchen are just a few examples of items they supported financially over many years.

Norm is the epitome of someone who works hard. Even though he puts countless hours into both his business and his role as Mayor, he is never too busy to take a phone call from us to offer advice or support. Norm and Betty are always giving back to the community. They are outstanding ambassadors.

Central Agencies has been a Leading Sponsor for our Charity Auction for many years. Norm, Betty and their Central Agencies family consistently attend our event, and always step up when we need them most. They clearly show a deep commitment to CAFCL's vision of improving the lives of the people we support.

We value our relationship with Norm, Betty and their family and know that they share our strong belief that people with disabilities can learn, be independent and grow to be responsible citizens.

Norm and Betty, we thank you for your support and are honored to call you lifetime members of CAFCL.

2020-2021

2020-2021 Annual Report

SCHOLARSHIP'S

Human Services Scholarship

The **Human Services Scholarship** is awarded to a student enrolled in the disabilities field or a related field of study.

Jena Robbins has worked with the Kandu Summer Camp for the past 2 summers as well as working casual relief in other programs. Jena has completed her first year in the Bachelor of Science Nursing program at Red Deer College. Jena made the Dean's List during her first year of college despite COVID-19 which is something to be very proud of. "The Human Services field is a place I knew I always desired to work. My heart explodes when I think about my future in this field."

Congrats Jena!

Camrose Association
For Community Living



\$2,500

Gillespie Family Bursary

The **Gillespie Family Bursary** was developed by Don Gillespie in memory of his wife Lois. Don has since passed and now the children of the Gillespie Family work together with CAFCL to award a student in the field of disabilities or a field of related study. The Gillespie Family chose this recipient in honour of their parents.

Chelsey Chartrand is attending the University of Alberta Augustana Campus to pursue a Psychology degree this fall. This bursary will help with the costs of her schooling. "As I have lived through my generation mental illness has grown to be more and more common. I am hoping to go through psychiatric nursing so I am able to help others live happy and healthy lives."

Congrats Chelsey!



\$1,100

SCHOLARSHIPS

Norris Bowen Scholarship

The Norris Bowen Scholarship is awarded to help an individual with a developmental disability to participate in further education of any type. (Mrs. Muriel Rieger developed this scholarship in memory of Franklin Waldo Norris and Jesse Bowen). We were able to give 2 scholarships this year as we didn't award it last year.

Sawyer Kendall is finishing his grade twelve at Camrose Composite High School. Sawyer has been a participant in our Jobs4Youth Program and was able to obtain employment. Sawyer is planning to attend the Transitional Vocational Program at Red Deer College in the fall.

\$500



\$500



Dakota Gillis has completed his second year of University at Augustana. He is taking courses to further his education and meet new friends. Dakota's goal is to find meaningful employment after completing his education.

2020-2021

WE BELIEVED WE COULD... AND WE DID!

The COVID- pandemic didn't stop CAFCL - we had a great year full of new challenges and learning!



Kandu Camp took to the road to reach rural families feeling isolated.



Individuals learned to use technology and found creative ways to connect virtually.

Development of online training kept employees growing and learning during lockdowns.

Virtual Community Kitchen cooking got more participants than ever!



Rose Club offered an abundance of great activities to keep people connected and having fun despite not being able to gather!



2020-2021

WE BELIEVED WE COULD... AND WE DID!

The COVID- pandemic didn't stop CAFCL - we had a great year full of new challenges and learning!



Annual auction went online, and offered unique and fun "party boxes" to guests at home, yielding an income of over \$50,000!



The kickoff to "A year of Health and Wellness" offered fun activities for staff and individuals in service to stay connected and focus on their overall wellness.



SingAble developed and distributed its first songbook for choir attendees and continued to celebrate their love of music online.

Individuals and families showed amazing resiliency and patience through the ever changing health orders and transition to online delivery of services.

We Thank You

CHARITY AUCTION DIAMOND SPONSORS



**McCLELLAN
WHEATON**
CHEVROLET BUICK GMC

We Thank You

CHARITY AUCTION SPONSORS

PLATINUM

840 CFCW
Harberg Wood Garnett Radchenko LLP
New Country 98.1 FM
Vision Credit Union

GOLD

Align Builders
The Camrose Booster
Burgar Funeral Home
Mark Cloarec/ Primary Care Optometry
CEL Electric
Ember Resources
Liz Rolf
Marie Schmidt
Nordic Mechanical
Lorie Woelk

SILVER

Vision Credit Union
Jillian Volk
Ridgeline Trenching Ltd.
Schnell & Barrie
Team Electrical
Leona Woelk

BRONZE

Edward Jones - Jodie Feddema
Jorgenson Plumbing & Heating
Plan It Consulting
Reinhart & Christine Ginther

We Thank You

DONORS

Aaron Leckie
 Adam Bilyk
 Align Builders
 Andrea Taeger
 Anna Harder
 Anna Rood
 Anne Hagstrom
 Ardelle Ries & Roger Admiral
 ATB Financial
 Avonroy Gardens
 Bailey Hautzinger (Haut Heads Co.)
 Barry Montenejo
 Battle River Implements
 Bayard & Marian Reesor
 Bea's Blooms
 Bev Davis
 Beverly McDougall
 Bill Sears
 Blue Mango Hair & Makeup
 Boondockz Body Studio
 Boston Pizza
 Brenda & Duane Robbins
 Brian & Colleen Nelson
 Brian & Eileen Hunter
 Browns Social House
 Bruce Hotel
 Bruce & Carol Pound
 Bryan & Kathryn Graff
 Buckskins Emporium
 Bugar Funeral Home
 CAFCL Board of Directors
 Camrose Booster
 Camrose County
 Camrose Fire Department
 Camrose Registry Ltd.
 Cathy Syrnyk
 CEL Electric
 Centra Cam Vocational Training Association
 Central Agencies
 Cheryl Sharkey
 Christa Wark
 Christine & Reinhard Ginther
 CIBC Provost
 City of Camrose (Golf Course)
 Clark Mackay
 Clifford Hogstead
 Coral & Derwent Eklund
 Country Roads Flower Farm
 Crop Management Network

Dr. MD Cloarec & Associates Primary Care Optometry

Cute & Classy Cakes
 D&D Vehicle Sales
 Dale & Wanda McNaught
 Darren Lockhart
 Dave Hovde
 David Sjerven
 Denise Robbins
 Denise Robinson
 Duggan Cinemas
 East Side Marios
 Edward Jones
 Eke Tigchelaar
 Ember Resources Inc.
 Enerplus Corporation
 Evolve
 Farnham West Stolee LLT
 Flutterby Creations
 Fortis Alberta
 Fran Reed
 Friends of CAFCL
 Fyidoctors
 Grace Lutheran Women
 Grace United Church Wainwright
 Graff Family Farm Partnership
 Grant Thornton LLP
 Harberg, Wood, Garnett, Radchenko LLP
 Hauser Home Hardware Building Centre
 High Gloss Homemakers
 Holly McIndoe
 IMPACT
 Jacobsen Financial
 Janet Roy
 Jason Urkow
 Jeanne & Peter Lougheed Performing Arts Centre
 Jennifer Knopf
 Jiffy Lube
 Jillian Andersen
 Jodie Feddema
 Jorgensen Plumbing and Heating Ltd
 Karen Ofrim
 Karen Starcheski
 Kayla Kowal
 Keith Lyseng
 Kelly Kaczmariski
 Kristy Smith
 Krystal's Klawz
 Lakeway Boarding Kennels
 Lana Ilg

We Thank You

DONORS

Larry & Esther McDonald
 Laverne Blaeser
 Lawrence & Leona Woelk
 Lazuli Farms
 Leevi Hafso
 Linda Sampson
 Linette Enzenauer
 LivDental
 Liz & Rob Rolf
 Lorie Woelk
 Lou Belle Photography
 Lyndsey Delwo
 Marc Oro
 Marcel Lefebvre
 Maria Rodriguez
 Martie LeGear
 Matthew Mayer
 McClellan Wheaton Chevrolet Buick GMC
 Meridian Manufacturing
 Michelle Anderson
 Mint Carwash
 Monique Tremblay
 Mr. Mikes
 Nails by Terri & Mia Bella
 Nasima Junejo
 New Country 98.1 & 840 CFCW
 Norah Vars
 Nordic Mechanical Services LTD
 Norm & Betty Mayer
 NuEdge Construction
 Oleo's Ice Cream Castle
 OPT Inc.
 Parsons Family Chiropractic & Wellness
 PayPal Giving Fund Canada
 Pet Hair Everywhere
 Princess and the Purse
 Plan It Consulting Inc.
 Polish'd Etc.
 Provost UFA
 Razor's Edge Tree Service
 RBC Wainwright
 Real Canadian Superstore
 Rebecca Hohnsbein
 Retro Pub
 Ridgeline Trenching
 Rio's Spa

Robert Dixon
 Robin Good
 Ron Grue
 Ron & Linda Pederson
 Roneil Ventures Ltd.
 Roots Hair Company
 Rosa Smith-Hyejeonglee
 Russell Gillett
 Samantha Spiller
 Schnell & Barrie 2011 Ltd.
 Severson Builders
 Shari Lange
 Shauna Chrabaszcz
 Sherri Carriere
 Snow Valley Aerial park
 Stacy Olstad
 Stage One Salon
 Sunset Gourmet
 Tabb Lanes
 Tannis Hovde
 Team Electrical
 The Accessories Edge
 The Clubhouse Virtual Golf
 The Room Hair Studio
 The Trendy Walrus
 Tim & Kirk Laird
 Timberline Roofing
 Totally Smittens
 Tracy Fontaine
 Tyler Weber
 Tylor Keller & Cole Walker
 United Farmers of Alberta Co-operative Ltd.
 United Way Alberta Capital Region
 United Way of Regina
 Vanessa Hatfield
 Vinesations
 Vision Credit Union
 Vitality
 Wainwright 7-11
 Wainwright Quota Club
 Wendy Pasiuk
 Wes & Colette Zeniuk
 Wetaskiwin Aerial Applicators Ltd.
 Wildswoods Art
 William & Joyce Mattinson
 You Glo Esthetics

OUR PROGRAMS

Residential Program

We have residences in Camrose where adults with developmental disabilities learn life skills in supervised home environments. This program is designed for people who need a higher level of supervision in daily living. We promote the development of an individual's knowledge and skills by working on their life goals. Areas such as cooking, hygiene, budgeting, community awareness and socialization are the focus in assisting individuals to live and participate in the community as independently as possible.

Adult Outreach Program

Our Adult Outreach program supports adults with developmental disabilities to live as independently as possible in the community. Individuals may live in their own houses or apartments, or with family members. Support staff will help them with daily life skills. Individuals are provided with an on-call number they can call for after-hours support.

Acquired Brain Injury Outreach

This program supports individuals who have an acquired a brain injury. We can provide support and re-learning daily living skills. Individuals are provided with support staff to work with them on specific goals.

Support Home Contractors

CAFCL contracts private homes in the community and surrounding area to provide unique living options for adults with developmental disabilities. These options can be in the form of room and board, independent living suites, or living in apartments with roommates. The Support Home provider is contracted to provide support in areas such as cooking, problem solving, or community involvement. Each home and situation is unique, based on the needs of the individual. CAFCL strives to find good matches between individuals and providers as this is the key to success.

MORE

(Meaningful Options for Role Enhancement)

This program is designed to provide meaningful activities for adults with developmental disabilities who are not seeking employment. It provides recreation, socialization, and educational activities, as well as support with volunteerism.

Rose Club

CAFCL's Rose Club is a club where adults with developmental disabilities come together to socialize, learn new things, and enjoy quality activities together. The Rose Club is member-driven with a newly elected executive each year.

Sexuality & Education Program

This program offers 1-1 consultation or group classes on subjects such as relationships, sexuality and safety sessions are offered to individuals and families in our services.

OUR PROGRAMS

Community Education

We employ 2 individuals to do presentations in schools throughout Camrose and surrounding areas. Kelsey Winterhalt presents to Grade 5 students on body confidence. Kelsey talks about her life with cerebral palsy and teaches children about positive body image. Krista Bogfjord was in a life-changing accident and now has a brain injury. Krista presents about how brain injury has impacted her life, with a focus on brain injury prevention, to grade 9 and 10 students. We also employ Katarina Workun who provides a portion of abuse reporting, ethical touch and rights and responsibilities training to CAFCL employees from the perspective of a person receiving services.

Sing Able

This is a musical experience offered by the Augustana Campus of the University of Alberta and CAFCL. SingAble is an inclusion community choir for singers of all abilities and levels of experience. Individuals drawn from all ages and stages of life with a desire to experience the wondrous benefits of singing are warmly welcomed to discover their unique voices and move freely to some of the most popular songs drawn from traditional, folk and contemporary styles.

Family Support Program

Our Family Support program provides opportunities for families to strengthen their support system. The support includes information, referrals to access services, provision of encouragement, advocacy, transitional support, a resource library, and information sessions. The program strives to support families to build the confidences, knowledge and skills they need in their circumstances. The Family Support program also offers:

Kandu Summer Day

Is an inclusive camp for children aged 7-17 which runs in July and August. It provides qualified childcare for parents over the summer but also new experiences and social interaction for children.

Leaders In Training

Is for youth aged 5-19 years old who would like to expand their personal abilities by being involved in their community. LIT participants will have opportunity to develop skills through participating in activities and field trips that increase their skills in leadership, citizenship, communication, team work, community involvement, employability and much more! We also offer a summer program for LIT.

Jobs4Youth

Offers employment placement and job coaching support to youth aged 5-17 to help secure placements. We provide on-the-job support to assist with learning their roles and how to carry out the required duties successfully.

OUR PROGRAMS

Healthy Families

Home Visitation

This is a voluntary free-of-charge program for Alberta families. We work with families who are expecting babies and/or with children from newborn to 6 years of age. If there are older siblings in the home (7-13 years of age) they are supported within the home visitation program as well.

Healthy Family Facilitators work in partnership with families to provide information and support for prenatal care and its role in a healthy pregnancy, encourages positive and responsive parenting through building on strengths, promotes child well-being and nurtures healthy development of children during the early years of life through home visitation services. Healthy Families Enhanced Home Visitation holistically supports the entire family, including youth between the ages of 7-13 if they reside in the same home. Enhanced Home Visitation provides capacity for home visitors effectively and actively to engage youth over the age of 6 and support caregiver capacity through providing knowledge surrounding youth resilience, social connections and knowledge of adolescent development. It also provides concrete supports in times of need and cognitive and social-emotional competence.

Community Action Program for Children (CAPC) & Canada Prenatal Nutrition Program (CPNP)

We promote the healthy development of young children prenatal to age 6 who face challenges that put their health at risk, such as: poverty, teen pregnancy, social and geographic isolation, substance use, family violence. The goals of CAPC/CPNP are to:

- improve healthy child development;
- support positive health outcomes of women and their babies;
- ensure culturally sensitive prenatal support; and
- promote and create partnerships within communities.

Each site adapts activities to meet community need – CAPC/CPNP programming currently complements our home visitation program by providing nutritional counselling and support, collective kitchens, prenatal vitamins, milk/fruit and vegetables to prenatal women experiencing food insecurity, education and support on infant care and child development, parenting groups, minimal outreach home visitation.

Parent-Child Assistance Program (PCAP)

Services are provided to prevent incidences of FASD. PCAP is an accredited program operating under the Alberta FASD Service Networks. PCAP is an intensive home visitation program providing practical and long-term supports to women dealing with maternal substance use. Mentors provide support in resolving complex issues around at-risk pregnancy, housing, supportive networking and connection to community resources.

The Camrose Association for Community Living
Burgess Building
4604-57 Street
Camrose AB T4V 2E7



Contact CAFCL:

Phone: 780 672 0257

Fax: 780 672 7484

Visit us on the web:
www.cafcl.ca

Facebook:

<https://www.facebook.com/camroseassociationforcommunityliving/>

