

→ WELCOME

TRANSITIONING TO ADULTHOOD IN ALBERTA

The future is full of
possibilities and you don't have
to navigate it alone





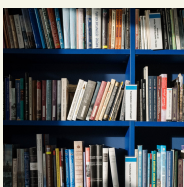
Transition to Adulthood (16+)



What is PDD



What is AISH



Guardianship & Trusteeship



Helpful Resources



Transition Booklet

CONTENTS

Navigating the Transition to Adulthood (16+)



Understanding adult programs, services, and legal considerations such as Guardianship, Trusteeship, Persons with Developmental Disabilities (PDD), and disability income supports can sometimes feel overwhelming. Having the right information, resources, and support can make all the difference.

The Future Starts Here

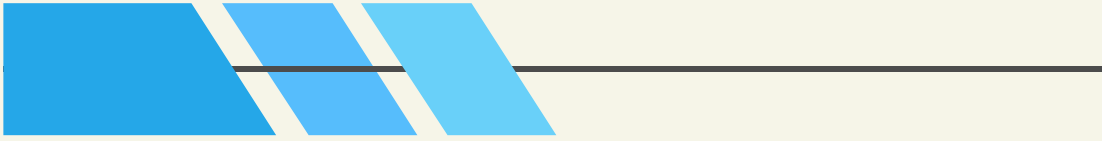
Turning 18 is more than a milestone, it's the beginning of a new chapter filled with possibilities.

While the transition to adulthood can bring questions, decisions, and new responsibilities, it also opens the door to greater independence, meaningful choices, and opportunities for growth.

This booklet was created to help you and your family navigate this journey with confidence.

As you prepare for the road ahead, remember that you are not alone. With planning, knowledge, and a strong support network, you can move forward with confidence, celebrate each step along the way, and create a future that reflects your young person's unique strengths, goals, and aspirations.

TRANSITION TIMELINE (SUGGESTION ONLY) EACH TIMELINE WILL VARY - AND THAT'S OKAY!



AGE 16: START THE CONVERSATION

FOCUS: EXPLORING DREAMS, GOALS, AND FUTURE POSSIBILITIES.

- ☐ **BEGIN TALKING ABOUT ADULTHOOD, INDEPENDENCE, EMPLOYMENT, EDUCATION, AND COMMUNITY INVOLVEMENT.**
- ☐ **APPLY FOR PERSONS WITH DEVELOPMENTAL DISABILITIES (PDD) FUNDING IF ELIGIBLE (MUST BE 16 YEARS OLD OR OLDER TO APPLY)**
- ☐ **IDENTIFY YOUR YOUTH'S STRENGTHS, INTERESTS, SKILLS, AND SUPPORT NEEDS.**
- ☐ **ENCOURAGE SELF-ADVOCACY AND PARTICIPATION IN DECISION MAKING.**
- ☐ **REVIEW SCHOOL TRANSITION PLANS, ENSURE TRANSITION GOALS ARE INCLUDED IN THE STUDENT'S INDIVIDUAL PROGRAM PLAN.**
- ☐ **EXPLORE OPPORTUNITIES FOR VOLUNTEERING, WORK EXPERIENCE, RECREATION, AND COMMUNITY ACTIVITIES.**
- ☐ **BEGIN LEARNING ABOUT ADULT SERVICES AND FUNDING PROGRAMS AVAILABLE AFTER AGE 18.**
- ☐ **START COLLECTING IMPORTANT DOCUMENTS:**
 - BIRTH CERTIFICATE**
 - ALBERTA HEALTH CARE CARD**
 - SOCIAL INSURANCE NUMBER (SIN)**
 - MEDICAL AND PSYCHOLOGICAL ASSESSMENTS**
 - SCHOOL ASSESSMENTS AND REPORTS**



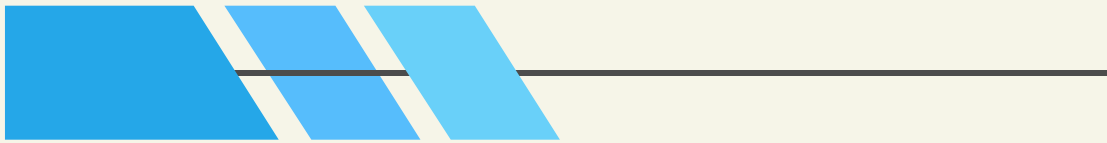
AGE 17: PREPARE FOR ADULT SERVICES

FOCUS: GATHERING INFORMATION AND COMPLETING ASSESSMENTS.

- ☐ SPEAK WITH YOUR SCHOOL TEAM ABOUT GRADUATION PATHWAYS AND POST-SECONDARY OPTIONS.
- ☐ EXPLORE EMPLOYMENT SUPPORTS, COMMUNITY PROGRAMS, AND DAY PROGRAMS.
- ☐ DISCUSS FUTURE LIVING ARRANGEMENTS AND SUPPORT NEEDS.
- ☐ DETERMINE WHETHER GUARDIANSHIP, TRUSTEESHIP, SUPPORTED DECISION MAKING, OR A PERSONAL DIRECTIVE MAY BE APPROPRIATE. MAKE THOSE APPLICATIONS.
- ☐ ENSURE PSYCHOLOGICAL AND FUNCTIONAL ASSESSMENTS ARE CURRENT, AS THEY MAY BE REQUIRED FOR ADULT FUNDING APPLICATIONS.
- ☐ APPLY FOR PERSONS WITH DEVELOPMENTAL DISABILITIES (PDD) FUNDING IF ELIGIBLE (MUST BE 16 YEARS OLD OR OLDER TO APPLY)
- ☐ APPLY FOR ASSURED INCOME FOR THE SEVERELY HANDICAPPED (AISH) IF ELIGIBLE. YOUTH MUST BE 17.5 YEARS OF AGE TO APPLY.
- ☐ BEGIN RESEARCHING:

PERSONS WITH DEVELOPMENTAL DISABILITIES (PDD)
ASSURED INCOME FOR THE SEVERELY HANDICAPPED (AISH)
ALBERTA SUPPORTS
DISABILITY TAX CREDIT (DTC)
REGISTERED DISABILITY SAVINGS PLAN (RDSP)
CANADA DISABILITY BENEFIT

- ☐ ENCOURAGE YOUR YOUTH TO BUILD LIFE SKILLS SUCH AS:
BANKING
TRANSPORTATION
PERSONAL CARE
HOUSEHOLD RESPONSIBILITIES
COMMUNICATION AND SELF-ADVOCACY



SIX MONTHS BEFORE AGE 18

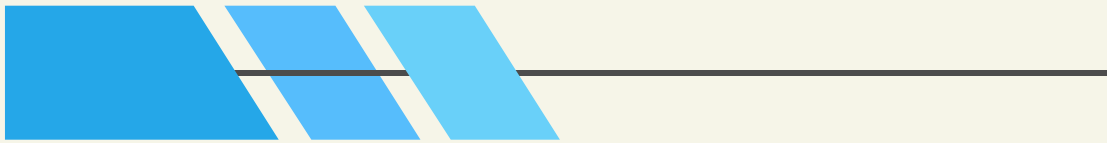
FOCUS: COMPLETING APPLICATIONS AND PREPARING FOR LEGAL CHANGES.

- ☐ APPLY FOR AN ALBERTA IDENTIFICATION CARD IF NEEDED.
- ☐ OPEN A PERSONAL BANK ACCOUNT IF APPROPRIATE.
- ☐ REVIEW LEGAL DECISION-MAKING OPTIONS AND BEGIN ANY REQUIRED APPLICATIONS.
- ☐ GATHER DOCUMENTATION REQUIRED FOR ADULT SERVICE APPLICATIONS.
- ☐ CONNECT WITH FAMILY RESOURCE NETWORKS, OR COMMUNITY AGENCIES FOR SUPPORT.
- ☐ CREATE A FUTURE PLANNING CHECKLIST AND TIMELINE.

AGE 18: ADULTHOOD BEGINS

FOCUS: ACCESSING ADULT SERVICES AND SUPPORTS.

- ☐ ENSURE ANY GUARDIANSHIP, TRUSTEESHIP, SUPPORTED DECISION MAKING, OR PERSONAL DIRECTIVE ARRANGEMENTS ARE IN PLACE IF NEEDED.
- ☐ REGISTER TO VOTE AND PARTICIPATE IN COMMUNITY CITIZENSHIP OPPORTUNITIES.
- ☐ REVIEW HEALTHCARE DECISION MAKING RESPONSIBILITIES.



AGES 18-21: BUILDING ADULT LIFE

FOCUS: GROWTH, INDEPENDENCE, AND COMMUNITY PARTICIPATION.

- ☐ TRANSITION FROM SCHOOL-BASED SERVICES TO ADULT SERVICES.
- ☐ EXPLORE EMPLOYMENT, VOLUNTEER OPPORTUNITIES, OR POST-SECONDARY EDUCATION.
- ☐ CONNECT WITH COMMUNITY RECREATION AND SOCIAL PROGRAMS.
- ☐ REVIEW HOUSING OPTIONS AND FUTURE LIVING ARRANGEMENTS.
- ☐ BUILD NATURAL SUPPORTS, FRIENDSHIPS, AND COMMUNITY CONNECTIONS.
- ☐ REVISIT GOALS ANNUALLY AND CELEBRATE ACHIEVEMENTS.

Helpful Resources from Easter Seals Alberta Include

Transition to Adulthood Workshop (Video)

Transition to Adulthood Overview (Video)

Creating an Alberta.ca Account (Video)

PDD vs AISH Funding (Video)

PDD vs AISH Funding (Video)

What is PDD (Video)

How to apply for PDD (Video)

What is AISH (Video)

How to apply for AISH (Video)

[Click Here](#) for the link to Easter Seals Alberta

WHAT IS PDD

Persons with Developmental Disabilities (PDD)

THE GOVERNMENT OF ALBERTA'S PERSONS WITH DEVELOPMENTAL DISABILITIES (PDD) PROGRAM IS A VOLUNTARY PROGRAM THAT PROVIDES FUNDING FOR SERVICES TO ADULTS WITH DISABILITIES (18 YEARS OR OLDER) WHO MEET THE CRITERIA.

ELIGIBILITY REQUIREMENTS

- **BE 16 YEARS OLD OR OLDER TO APPLY AND 18 WHEN PDD SERVICES START**
- **RESIDE AND PLAN TO RECEIVE SERVICES IN ALBERTA**
- **BE A CANADIAN CITIZEN OR PERMANENT RESIDENT**
- **MUST HAVE A DEVELOPMENTAL DISABILITY (ONSET OF DISABILITY PRIOR TO AGE OF 18), DOCUMENTED IQ BELOW 70**

What Does PDD Offer?

PDD pays for support staff to help people with the following:

Employment Supports
Community Living Supports
Community Assess Supports
Specialized Community Supports

PDD does NOT provide: income, medical equipment, transportation, housing, medical care, crisis support, decision making

You may apply online by accessing the application through the PDD website [here](#).

PDD

Persons with Developmental Disabilities (PDD)

How to Apply for Persons with Developmental Disabilities (PDD) in Alberta

Step 1 Determine Eligibility	Step 2: Gather Important Documents	Step 3: Create an Alberta.ca Account
Before applying, ensure the individual meets the basic eligibility requirements:	Start collecting documents as early as possible. Common documents include:	Applications are submitted online through the Alberta Government's PDD application portal.
✓ At least 16 years old to apply ✓ Will be 18 years old when services begin ✓ Lives in Alberta and plans to receive services in Alberta ✓ Is a Canadian citizen or permanent resident ✓ Has a developmental disability that began before the age of 18 ✓ Documented IQ below 70	✓ Birth Certificate or Proof of Age ✓ Alberta Health Care Card ✓ Social Insurance Number (SIN) ✓ Proof of Canadian Citizenship or Permanent Residency - Psychological Assessment Report (Psycho-Educational or Neuropsychological Assessment) ✓ School Assessments and IPP Documents ✓ Medical Reports or Specialist Reports ✓ FSCD Documentation (if applicable)	Families or youth will need: ✓ An Alberta.ca Account ✓ Access to upload supporting documentation
PDD generally requires evidence of significant limitations in intellectual functioning and daily living skills. Psychological assessments are typically required as part of the eligibility review.	Tip: If assessments are outdated, speak with your school team or healthcare providers about obtaining updated documentation before graduation.	

PDD

Persons with Developmental Disabilities (PDD)

How to Apply for Persons with Developmental Disabilities (PDD) in Alberta

Step 4: Complete the PDD Application	Step 5: Participate in the Eligibility Review	Step 6: Receive an Eligibility Decision
The online application will ask for information about:	After the application is submitted:	If approved: ✓ The individual is determined eligible for PDD services. ✓ A PDD worker is assigned. ✓ Planning for adult supports can begin.
✓ Personal information ✓ Disability history ✓ Education and support needs ✓ Current services and programs ✓ Contact information for professionals and support people	✓ A PDD worker reviews the application and documents. ✓ Additional information may be requested. ✓ The worker may speak with the applicant, family members, school staff, or other professionals. ✓ The worker reviews both intellectual functioning and adaptive (daily living) skills.	If eligibility is denied: ✓ The family will receive an explanation. ✓ Information about alternative programs and appeal options will be provided.
Submit all available supporting documents with the application.	This stage can take several months, depending on the complexity of the application and the availability of documentation.	

PDD

Persons with Developmental Disabilities (PDD)

How to Apply for Persons with Developmental Disabilities (PDD) in Alberta

Step 7: Begin Planning for Adult Supports	Parent Tip: Start Early
Once eligibility is confirmed, the PDD worker will meet with the individual and their support network to discuss goals and support needs.	Many families wait until their child is 18 to begin the process. The best time to start preparing is between ages 16 and 17 by gathering assessments, organizing documents, and learning about PDD eligibility requirements. Early preparation can make the transition to adult services much smoother.
Potential supports may include: ✓ Employment Supports ✓ Community Access Supports ✓ Home Living Supports ✓ Respite Services ✓ Specialized Supports	A key message for Alberta families is: "Apply at 16, plan at 17, and be ready for services at 18."
An Individual Support Plan will be developed based on the person's goals, strengths, and needs.	The official Alberta PDD process allows applications beginning at age 16.

WHAT IS AISH/ADAP

What Families Need to Know About AISH & ADAP (2026)

Understanding the Change

Starting July 2026, Alberta is introducing a new disability income support system. The current Assured Income for the Severely Handicapped (AISH) program will continue, but a new program called the Alberta Disability Assistance Program (ADAP) will also be introduced.

All new applicants will be assessed for both programs through one combined application, and a decision will be made about whether AISH or ADAP is the most appropriate fit based on medical and functional information.

One Application – Two Possible Outcomes

Families will complete one application process through Alberta Supports:

- Application form (financial + personal information)
- Medical report completed by a healthcare professional

After review, applicants will be placed into:

- AISH – for individuals with a severe and permanent disability that significantly and permanently prevents them from working
- ADAP – for individuals with a severe disability who may have some ability to work with supports

- **YOUTH MUST BE 17.5 YEARS OF AGE TO APPLY, CANADIAN CITIZEN OR PERMANENT RESIDENT**
- **HAVE A MEDICAL CONDITION OR DISABILITY THAT IS LIKELY TO REMAIN PERMANENT, LIMITS ABILITY TO EARN A LIVING.**
- **NOT HAVE INCOME OR ASSETS THAT ARE HIGHER THAN THE AISH PROGRAM ALLOWS**

AISH/ADAP

Key Differences at a Glance

AISH

- For individuals unable to work due to a permanent disability
- Higher monthly benefit rate
- Long-standing program with established supports

ADAP

- For individuals with severe disabilities who may be able to work with supports
- Slightly lower monthly benefit compared to AISH
- Designed with a focus on employment supports and income flexibility



YOU MAY APPLY ONLINE BY ACCESSING THE APPLICATION THROUGH THE
AISH WEBSITE: [HERE](#)

MORE INFORMATION ON ADAP: [HERE](#)

AISH

How to Apply for AISH / ADAP in Alberta (Assured Income for the Severely Handicapped / Alberta Disability Assistance Program)

Step 1: Start the Combined Application	Step 2: Complete the Applicant Section	Step 3: Medical Information is Submitted
• Apply through Alberta Supports (online or in person) • There is one application for both AISH and ADAP • You do NOT choose a program — eligibility is determined after review	The individual (or supported person) provides: • Personal information (2 pieces of ID, proof of residency, citizenship, SIN #, Alberta Health Card) • Financial information - bank account, direct deposit information (income, assets, housing) • Consent to collect information from professionals • Basic questions about daily living and support needs	A licensed medical professional completes the Disability Assistance Medical Report, which includes: • Diagnosis and medical history • Expected duration of disability • How the disability affects daily living • Impact on ability to work
	A family member, support worker, or advocate can help complete this section	This may be completed by a: • Physician • Nurse practitioner • Psychologist • Other approved regulated health professional

AISH

How to Apply for AISH / ADAP in Alberta (Assured Income for the Severely Handicapped / Alberta Disability Assistance Program)

Step 4: Financial Eligibility is Reviewed	Step 5: Medical Review (Adjudication Stage)	Step 6: Program Decision (AISH or ADAP)
Before medical review, Alberta Supports confirms: • Age (18+) • Residency in Alberta • Citizenship or legal status • Income and asset eligibility	A disability adjudicator reviews the medical documentation and determines: • Whether the disability is considered severe • Level of functional impact on daily living • Ability or inability to participate in employment	A decision is made: • Applicant is approved for AISH or ADAP • OR found ineligible and referred to other supports (e.g., Income Support) A written decision letter is issued.
If financial criteria are not met, the application may not proceed further.	At this stage, the file is assessed for placement into: • AISH (severe disability, unable to work) • OR ADAP (severe disability, some ability to work or employment potential)	

AISH

How to Apply for AISH / ADAP in Alberta (Assured Income for the Severely Handicapped / Alberta Disability Assistance Program)

Step 7: Medical Review Panel (if AISH is being considered)	Step 8: Benefits Begin	Step 9: Ongoing Review and Reassessment
If the adjudicator believes the person may qualify for AISH: • The application may be referred to a medical review panel • The panel confirms whether the individual meets AISH criteria • If not approved, the individual remains on ADAP	Once approved:	• Individuals may request reassessment if their condition changes • ADAP clients may apply for AISH if their ability to work decreases • Some cases may be reviewed over time depending on medical updates
	If placed on AISH: • Monthly financial benefits begin at AISH rate • Health benefits are included	
	If placed on ADAP: • Monthly financial benefits begin at ADAP rate • Health benefits are still included • Employment support services may be offered	

WHAT IS

Guardianship & Trusteeship

IN ALBERTA, ONCE AN INDIVIDUAL TURNS 18 YEARS OF AGE THEY WILL AUTOMATICALLY BECOME THEIR OWN GUARDIAN. IF AN ADULT IS NOT CAPABLE OF MAKING DECISIONS INDEPENDENTLY A FORMAL COURT ORDER IS NEEDED IN ORDER FOR SOMEONE TO BE APPOINTED AS A FORMAL GUARDIAN AND/OR TRUSTEE.

ALBERTA'S GUARDIANSHIP AND TRUSTEESHIP ACT ESTABLISHES A RANGE OF DECISION MAKING SUPPORTS FOR ADULTS WHO REQUIRE ASSISTANCE OR WHO DO NOT HAVE THE CAPACITY TO MAKE PERSONAL, MEDICAL, LEGAL, AND FINANCIAL DECISIONS FOR THEMSELF.

GUARDIANSHIP

Guardianship is a legal process which allows an individual to make non-financial decisions on behalf, or with, a dependent adult regarding personal matters.

Non-financial decisions include:

Healthcare, Where to live. Who to associate with. Participation in social activities. Participation in educational, vocational and other training. Employment Matters. Legal Matters.

TRUSTEESHIP

A trustee is someone who is responsible for a dependent adult's financial affairs

This includes:

Managing the adult's money to pay their bills, care charges, etc. Managing the adult's investments, real estate, and personal property. Applying for the adult's financial programs (e.g. AISH). Managing the adult's RDSP, RESP, TFSA, etc. Filing Taxes

HOW TO APPLY

Guardianship & Trusteeship

HOW TO APPLY FOR GUARDIANSHIP & TRUSTEESHIP IN ALBERTA (STEP-BY-STEP)

WHAT THIS MEANS

- GUARDIANSHIP = LEGAL AUTHORITY TO MAKE PERSONAL DECISIONS (HEALTH, LIVING ARRANGEMENTS, SERVICES)
- TRUSTEESHIP = LEGAL AUTHORITY TO MAKE FINANCIAL DECISIONS (MONEY, BILLS, BENEFITS)

YOU CAN APPLY FOR:

- GUARDIANSHIP ONLY - TRUSTEESHIP ONLY - OR BOTH TOGETHER

STEP 1: Determine if it is needed	STEP 2: Obtain a Capacity Assessment A capacity assessment is required in most cases.	STEP 3: Decide what you are applying for
Before applying, families must confirm: • The adult has a diagnosed impairment or disability • They are unable to make some or all decisions independently • Less restrictive options have been considered first, such as: ◦ Supported decision-making ◦ Power of Attorney (if capacity allows) ◦ Informal family support	Following the 17 ½ birthday , a qualified professional completes the capacity assessment, such as: • Physician • Psychologist • Designated capacity assessor The assessment confirms: • Whether the person can understand information • Whether they can appreciate consequences of decisions	Families must choose the type of application: • Guardianship (personal decisions only) • Trusteeship (financial decisions only) • Guardianship + Trusteeship (both)
This step usually includes conversations with doctors, school teams, or disability professionals.	This document must be recent (typically within 6 months of application)	Also choose the court process: • Desk application (no court appearance) if uncontested • Hearing application if there may be disagreement or complexity

HOW TO APPLY

Guardianship & Trusteeship

STEP 4: Complete the required forms	STEP 5: Submit the application	STEP 6: Notification and review by OPGT
For Guardianship: • Application form • Affidavit of Applicant • Guardianship Plan • Consent forms for proposed guardian(s) • Personal references	You submit your completed package to: • Court of King's Bench (Alberta) • And notify the Office of the Public Guardian and Trustee (OPGT)	After submission: • OPGT reviews the application • Notifies interested parties • May contact: ◦ The adult ◦ Family members ◦ Professionals involved • Prepares a report for the court
For Trusteeship: • Application form • Affidavit of Applicant • Trusteeship Plan • Financial Inventory (assets, income, debts) • Consent forms for trustee(s) • Personal references	You will also: • Pay a court filing fee (approximately \$300) • Provide contact information for all interested parties (family members, caregivers, etc.)	
If applying for both, you submit both sets together.		

HOW TO APPLY

Guardianship & Trusteeship

STEP 7: Court process Depending on the application type:	STEP 8: Court decision	STEP 9: After approval (ongoing responsibilities)
Desk application (no hearing) • Judge reviews paperwork only • No court appearance required	The judge may: • Grant Guardianship • Grant Trusteeship • Grant both • Or deny the application	Guardianship duties: • Make personal decisions in the adult's best interest • Support health, housing, and services decisions
Hearing application • A court date is set • Applicant (or lawyer) appears before a judge • Evidence is reviewed and discussed	If approved, you receive a court order that gives you legal authority.	Trusteeship duties: • Manage money and benefits (AISH, pensions, etc.) • Pay bills and manage finances • Keep detailed financial records  Trustees may need to submit financial reports to the court or OPGT.

Important Message for Families:

Guardianship and trusteeship are significant legal steps. Alberta encourages families to explore less restrictive supports first whenever possible, and to ensure decisions always support the individual's dignity, rights, and independence.

Office of the Public Guardian and Trustee (OPGT) - [**Click Here**](#)

Support in Alberta for Guardianship and Trusteeship - [**Click Here**](#)

HOW TO APPLY **Disability Tax Credit**

What is the Disability Tax Credit (DTC)?

If you work or make money, you might pay some of your money to the government each year in the form of taxes. **The Disability Tax Credit (DTC)** can help to reduce the amount of income tax that a person with a disability (or their supporting family members) might have to pay. It's meant to help cover some of the extra costs related to disability.

The DTC is **non-refundable**. This means that it can help you pay less taxes, but you will not get any money back.



Who Can Get the DTC?

To get the DTC, you must:

- Be any age (children and adults can apply)
- Live in Canada for tax purposes (you do not have to be a permanent resident or a Canadian citizen)
- Have a valid Social Insurance Number (SIN), which is temporary or permanent.
- Have a severe and prolonged disability certified by a medical practitioner

To get the DTC, a medical practitioner must certify that one or more of these situations apply:

1) You have a marked restriction in at least one activity of daily living

This means that all or almost all the time (at least 90% of the time), you are either:

- Unable to do the activity, or
- It takes you three times longer than someone your age without a disability.

2) You have significant limitations in two or more activities of daily living listed above, or

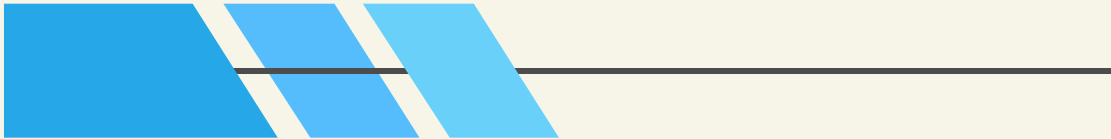
3) You receive life-sustaining therapy. This means you need therapy to support a vital function. It must:

- Be needed at least 2 times a week
- Take an average of 14 hours each week.

HOW TO APPLY **Disability Tax Credit**

STEP 1	STEP 2	STEP 3	Step 4
Fill out the form The application is called Form T2201 – Disability Tax Credit Certificate It has two parts: 1. Part A has to be filled out by the applicant (the person with the disability or their legal representative). 2. Part B has to be filled out by a medical professional (doctor, nurse, occupational therapist, or other qualified health professional).	Submit the form to the CRA Once both parts of the form are done, you will need to sign it and send the form to the federal government Department of Canada Revenue Agency (CRA), through your CRA My Account (if you have an electronic account) or by mail. If you need an alternate format or want to apply in a different way, you can request that from the CRA	Wait for a decision The CRA will review your application and send you a letter to let you know if you are eligible or not. This is called a ‘Notice of Determination’. This process usually takes 8 weeks, but it can sometimes take longer.	Processing: The Canada Revenue Agency (CRA) will review the application and mail you a Notice of Determination, which generally takes about 8 weeks

Disability Tax Credit - [**Click Here**](#)



Helpful Resources

AISH

www.alberta.ca/aish

Financial and health benefits for eligible Albertans with a permanent medical condition that prevents them from earning a living.

AISH - [**Click Here**](#)

Alberta Disability Assistance Program (ADAP)

www.alberta.ca/alberta-disability-assistance-program.

Provides financial, health and employment supports to Albertans with severe disabilities who are able to work.

ADAP - [**Click Here**](#)

Persons with Developmental Disabilities (PDD)

www.alberta.ca/persons-with-developmental-disabilities-pdd

PDD helps adults with developmental disabilities to live as independently as possible in their community.

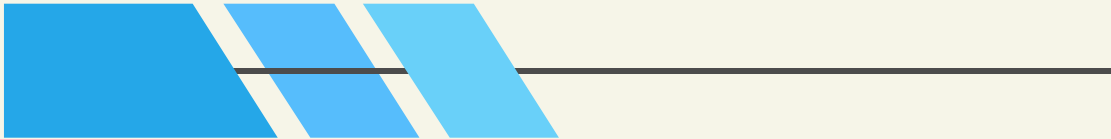
Link - [**Click Here**](#)

Office of the Public Guardian and trustee (OPGT)

www.alberta.ca/opgt-supports

Services, tools and support for vulnerable Albertans, their families and stakeholders.

Link - [**Click Here**](#)



Helpful Resources

Inclusion Alberta

www.inclusionalberta.org

Supporting Children and Adults
with Intellectual Disabilities for
60+ Years

Inclusion Alberta is a family-
based non-profit federation
that advocates on behalf of
children and adults with
intellectual disabilities and their
families.

Inclusion Alberta
[Click Here](#)

Autism Society Alberta

www.autismalberta.ca

Autism Society Alberta (ASA) is a
grassroots organization within
the Autism community
connecting its provincial
members to a regional
collective of autism serving
societies and networking with
agencies and associations
throughout the province and
nationwide.

Transitioning to Adulthood -
[Click Here](#)

Easter Seals Alberta

easterseals.ab.ca

What They Offer:

Resources & Information:

Access trusted resources and
information to help support
your loved one

Program Application Support:

Get assistance applying for
programs such as PDD, AISH,
OPGT

Resource Database: Use the
comprehensive Resource
Database to find other
organizations and community
supports

Guidance & Understanding:

Receive knowledgeable
guidance to better understand
available services and
confidently navigate next steps.

Link - **[Click Here](#)**